

September 2019



Harambee Surgery

[www.harambeesurgery.co.uk](http://www.harambeesurgery.co.uk)

# Practice Newsletter

## Flu Vaccination Programme 2019

### 2019 campaign details:-

#### Adjuvanted trivalent flu vaccine (aTIV)

- For people aged 65 years and over
- This is the recommended vaccine for this age group and offers better protection

#### Quadrivalent flu vaccine (QIV)

- For children aged from 6 months to 2 years
- For adults aged 18 years to less than 65 years of age who are at an increased risk from flu because of a long term health condition

#### Live attenuated influenza vaccine (LAIV)

- A nasal spray for children from 2 years old to less than 18 years of age
- All 2-3 year old are vaccinated here at Harambee Surgery
- School aged children from 4 years to 9 years are vaccinated at school
- Children from 10 years of age to 18 years of age are vaccinated here at Harambee Surgery

It takes about 2 weeks to develop an immune response, so get your vaccination ready for the 'flu season' in December

#### Why have your flu jab at the doctors?

- Help us to keep providing the services that we offer as well as the high standard of care that you all deserve
- The pharmacies **are not** giving the flu vaccination on our behalf. We encourage you to have your flu jab with us as we have access to your medical records & medical professionals
- Please remember that if you do visit your pharmacy for a flu jab, they can only give you your flu jab. We may be able to see if anything else is needed

#### Can I have a flu jab?

Yes, but only if you fit the following criteria -

- Aged 65 and over
- Children aged 2 & 3
- Pregnant women
- Children or adults with a weakened immune system

**Please note** - if your child is in Reception class or years 1,2,3,4 or 5, they will have the vaccination done at school

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# **Seasonal Flu Vaccinations 2019/2020**

**Please support us by having your reserved flu  
vaccination here.**

Our campaign will begin September 2019 for patients over 65 years and  
October 2019 for under 65s.

**Further details to follow regarding clinic times.**

**PLEASE CONTACT THE SURGERY TO MAKE AN  
APPOINTMENT .**

**IF YOU ARE UNSURE WHETHER YOU ARE  
ELIGIBLE TO HAVE A FLU VACCINATION  
CONTACT RECEPTION TEAM.**

## **Useful Information**

- There is a charge for non general medical services such as private medicals, letters, etc
  - All hospital prescriptions must be collected from the hospital pharmacy as certain medications are not available from your GP
  - Please make sure that if you hand in a sample , your name and date of birth is present on the label. We cannot process your sample if we do not know who you are. All samples must be handed in by 3pm
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